

# Singapore Hash House Harriets

## News Letter

### The Harriets Committee Members

Grand Mistress	Kara Musselman	Goes Down Easy	<a href="mailto:harrietsgm@singaporeharriets.com">harrietsgm@singaporeharriets.com</a>
Hareline	Thricey Leow	Dick Thricey	<a href="mailto:hareline@singaporeharriets.com">hareline@singaporeharriets.com</a>
Hash Brew	Jenny Lim	Suzie Wong	<a href="mailto:hashbrew@singaporeharriets.com">hashbrew@singaporeharriets.com</a>
On Sec	Chris Newling	Wet 'n Wild	<a href="mailto:onsec@singaporeharriets.com">onsec@singaporeharriets.com</a>
Asst On Sec	Rose Rahman	Ayam Kampung	
Hash Cash	Melanie Smith	Zipp	<a href="mailto:hashcash@singaporeharriets.com">hashcash@singaporeharriets.com</a>
Asst Hash Cash	Kamela Chellam	Sybil	<a href="mailto:asstcash@singaporeharriets.com">asstcash@singaporeharriets.com</a>
Haberdash	Junita James	Dances with Kerbs	
Committee	Gabriel Hyde	Sweet Thighs	
Committee	Lenie Quinova	The Boxer	

### Run Report #2199. Next Run

22 July 2015

Hares: *Too Easy & Fat Crashing Bastard & Big Head (Birthday Run)*

Run Site:

*Springleaf Nature Park, 1230 Upper Thomson Road*

*Singapore 787129*

On On: *Somewhere nice!*

<b>Run:</b>	2200
<b>When:</b>	Wednesday July 29 <sup>th</sup> 2015. What time does a 6 o'clock run start?
<b>Where:</b>	Car Park behind Motorola at Ang Mo Kio Street 64
<b>Hares:</b>	The Boxer & Penile Extension
<b>On On:</b>	Yong Heng Cafe & Restn, 6006 AMK Electronics Pk Rd
<b>Map:</b>	<a href="http://www.singaporeharriets.com/Runs/Details/2199">http://www.singaporeharriets.com/Runs/Details/2199</a>

### **The Run:**

A new car park of Upper Thomson, in a new park. Very pretty location, though again a small pack gathered.

After waiting hopefully for 5 minutes, we were off through the manicured pathways and bridges of Springleaf park. But then, quickly into the grass and back alleys of the Springleaf estate. A couple of checks found us on the southern edge of the estate, where we began the jungle trail. Very nice bits of



# Singapore Hash House Harriets

## News Letter

jungle and jungle meadows, and not so nice bits of abandoned kampong, with lethal fallen wires waiting to trip us up.

It was wonderful to be surrounded by the green trees and grasses, completely protected from any sight of the muted expressway on its way to Yishun.

We then looped out, around the back of the Springleaf estate, tempted by the smells of dinner preparations, and on back to the riverside and the park connector.

FCB had a wonderful drink stop on the raised decking by the river, where we had a ringside view of the gorgeous sunset. He claimed that Too Easy was late getting a cab to the run site, and we had no choice but to stay on, forcing ourselves to finish the bubbly, and mingle. Too Easy did turn up though, and it was great to see her walk up.

Then a short walk home, once again, through the pretty park.

A great run overall, in varied country, with a couple of good back checks keeping the pack together. Well done, FCB, Too Easy, and Hash Mule - Big Head!

DWK

Sorry I really have no time for run reports these days as am so very very busy, Hari Raya, works, cleaning, family etc.... When I get little time to myself, the only thing that matters is to get some rest before I can pick up more energy for my next 'physical works' besides catching up with my other obligation... It is very taxing for me & I don't know how to deal with this for months to come..... AK



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### Subscription Payments (Changed!!!)

1. Direct transfer to Harriets Bank Account using Internet Banking. If you do this, please email [hashcash@singaporeharriets.com](mailto:hashcash@singaporeharriets.com) when you have paid.

- Account: Singapore Hash House Harriets
- Bank: Malayan Banking Berhad (Tampines)
- Account Number: 04031036315
- Bank code 7302
- Branch code 003

2. Pay Assistant Hash Cash by Cash or Check at a run. Subs are \$110 per quarter for Ladies and \$140 for Men.

### Harriet's Web Site

Reminder that Harriet's members (including Associates) are entitled to a log-on to the web site. With a log-on, you are able to:

- View and update personal details, such as address, phone numbers, shirt size, and preferred email address.
- View your run count, run transcript, and runs hared transcript.
- "Claim" a run from the Hareline – that is, for runs that do not yet have hares, agree to set the run.
- For runs you have claimed:
  - Update your co-hares from the members list or add guest hares.
  - Edit the run and on-on location, special occasion and other notes.
  - Update the map with the run and on-on location so it automatically shows up on the web site.

All you need to do is ask Sneaky Comer by email or at a run.

More details are available at

[http://www.youtube.com/watch?v=Un\\_uWxWjjxg](http://www.youtube.com/watch?v=Un_uWxWjjxg)

### National Parks



# Singapore Hash House Harriets

## News Letter

A permit is required to run in any National Park, as well as certain conditions being met. If unsure, contact Wet & Wild or Yogi Bear & Boo Boo.

We believe that 'National Parks' will be deleted from the above statement in the near future. It will read 'A permit is required to run and have fun.'

## National Parks

- Hares must give at least 4 weeks' notice to the GM's if intending to set a run in a Nature Reserve.
- The GM will advise the procedure to get permission from National Parks. (To be revised once procedure is complete).
- **Only toilet paper is allowed at the Nature Reserves. Flour and chalk are not to be used under any circumstances.**
- Paper should be laid conservatively and inconspicuously to the general public.
- Hares are responsible to clear up the paper by the next day or the sweeper is to clear up the trail. (This is to be done irrespective of where the run is laid).
- **Stick to the existing tracks** (i.e. those clearly marked by the Npark) if you are laying runs in the Nature Reserves.
- Strictly **NO CHOPPING** of plants in the Nature Reserves.
- **No Creating or cutting a new path** in the Nature Reserves.
- **No arrows to be drawn** on the roads or anywhere else in the nature Reserves.
- Hares are accountable for their runs and if in the event a fine is imposed the hares will have to bear the cost. These fines are significant. (Up to \$500). Repeat offences will lead to even heavier fines and result in that Hash Chapter being banned from running in Nature Reserves for 6 months.
- Outside the Nature Reserves, use flour only on the ground and not on tree trunks.
- **Labrador park, SungeiBuloh, Kent Ridge Park and Mount Faber** are also managed by the Nparks, so be mindful when setting runs there.
- **Maps of the Central Catchment area are appended below.**

Nparks now have a contact for each Hash Chapter in Singapore (in most cases the GM) and will call up any chapter that breaches any of these rules and will ban the Chapter till the matter is resolved. A warning will also be issued to the chapter. A fine will be imposed if a second breach is committed. The hares will have to bear the cost of the fine.

Hares will need to think even more carefully about their run sites and trails.

Hares will need to plan their run well in advance. Sweepers will become increasingly important – for making sure all runners return safely and for picking up the paper.

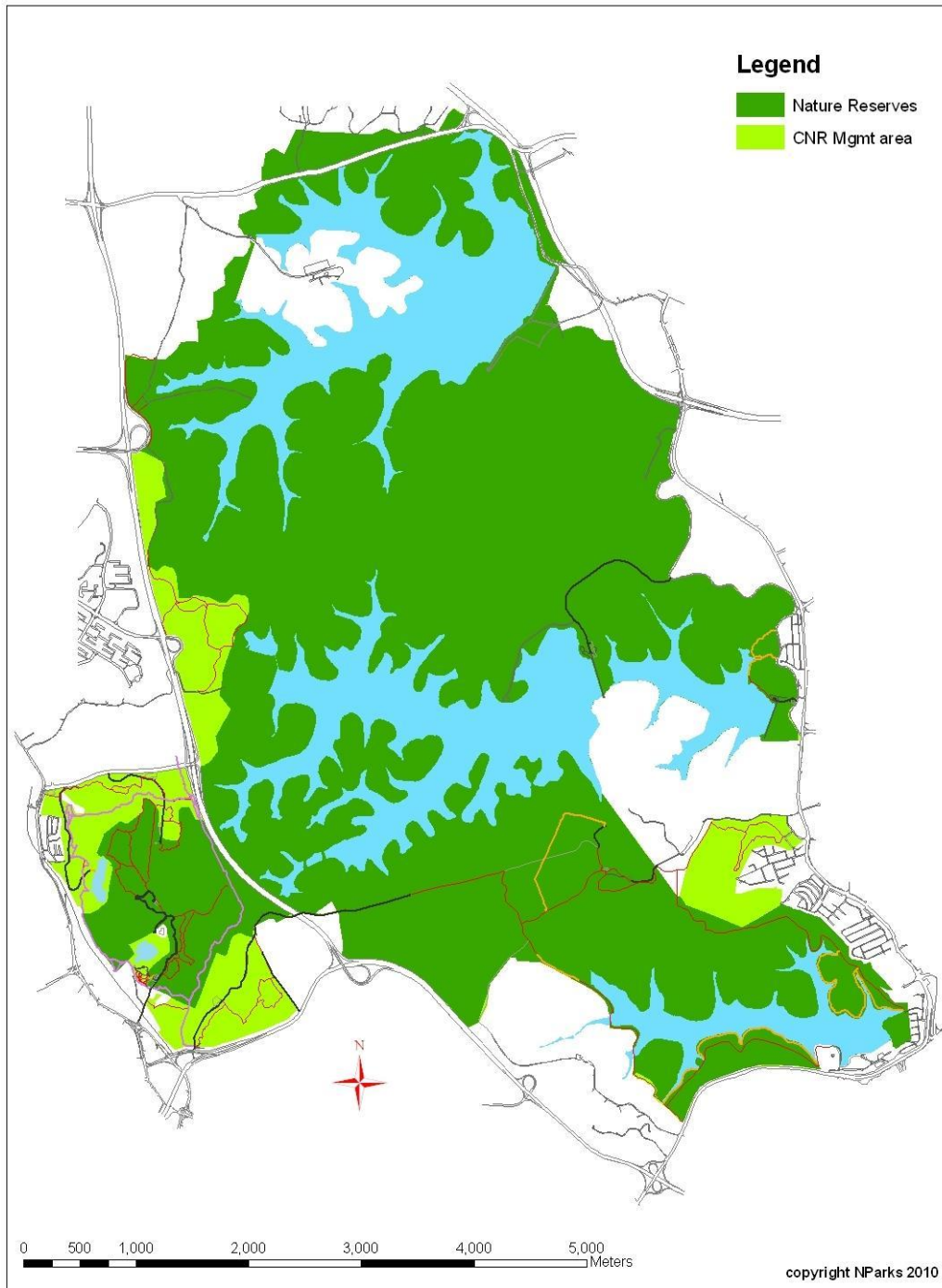
Late comers to a run may find that there is no trail left to follow as the sweeper will have picked it up. These guidelines have been agreed on by all Hash Chapters in Singapore



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## News Letter

### MAP OF THE DESIGNATED TRACKS WITHIN THE CENTRAL NATURE RESERVES





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## News Letter

### MAP OF BUKIT TIMAH NATURE RESERVE

